

# EHAC DID YOU KNOW?

HEART ATTACKS  
HAVE  
BEGINNINGS...

- Like other diseases, heart attacks have early signs & symptoms
- THESE "BEGINNINGS" MAY OCCUR IN 50% OF PATIENTS
- If recognized, people can be treated before heart damage occurs



## Learn Early Heart Attack Care

- Review the signs and symptoms
- Take the EHAC Pledge and promise to spring into action



## Prevent a Heart Attack

- Learn the risk factors
- Understand the difference between men and women
- Is it a heart attack? Learn the atypical symptoms



## Save a Life

- If someone collapses, call 9-1-1
- Perform Hands-Only CPR
- Find and deploy an AED (Automated External Defibrillator)



## Discover Accredited CPCs

A hospital near you has adopted processes that can save your life. Download the Free Early Heart Attack Care mobile app to find one in your area.

